

Umang Gopalbhai Dawn

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Surat – 395007 (Gujarat) INDIA

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PERSONAL PROFILE

- ◆ Full Name : UMANG GOPALBHAI DAWN
- ◆ Date of Birth : 14th September 1987
- ◆ Nationality : Indian
- ◆ Gender : Male
- ◆ Marital Status : Single
- ◆ Languages Known : English, Hindi, Gujarati, Bengali.

QUALIFICATION

Degree	University / Board	Year of Passing	Result
S.S.C	G.S.E.B.	March 2003	2 nd Class
H.S.C.	G.S.E.B.	March 2005	75.67%
C.C.C.	DOEACC SOCIETY	Oct.-Nov. 2006	“B” Grade
B.Com	V.N.S.G. University Surat	March 2009	Pass Class

OTHER QUALIFICATION

Degree	Institute	Year of Passing	Result GRADE
Teachers Training In Yoga	LIFE MISSION, Lakulish Yoga Institute, Vadodara	2007-08	Higher Grade
Right To Information Act Online Certificate Course	Centre for Good Governance	06-20 Aug. 2010	Completed
M.B.A. in Sports Management	T.N.P.E.S. University, Chennai (Tamil Nadu)	2009-2011	1 st Class
Masters Degree Program - Olympic Studies, Olympic Education, Organisation & Management of Olympic Events	International Olympic Academy – Greece (Under International Olympic Committee)	2012 – 2014	Completed all Modules
Masters of Arts (Yoga)	Eklavya University, Damoh (M.P.)	2020-2022	Result Awaited

EXPERIENCE AS ATHLETE

NATIONAL LEVEL

SCHOOL GAMES & INTER-UNIVERSITY CHAMPIONSHIPS:-

(Ministry of Youth Affairs & Sports, Government of India Recognised Event)

Year	Name of Event	Host / Organised by	Achievement
2001	46 th National School Games (1 st National Yogasana Championship) held at Bhavnagar – Gujarat	Sports Authority of Gujarat & SGFI	3 rd (Individual Event) 1 st (Team Event)
2002	47 th National School Games (2 nd National Yogasana Championship) held at Gandhinagar – Gujarat	Sports Authority of Gujarat & SGFI	1 st (Team Event)
2003	48 th National School Games (3 rd National Yogasana Championship) Held at Surat – Gujarat	Sports Authority of Gujarat & SGFI	1 st (Individual Event) 1 st (Team Event)

2005	50 th National School Games (5 th National Yogasana Championship) Held at Mehsana – Gujarat	Sports Authority of Gujarat & SGFI	1 st (Individual Event) 1 st (Team Event)
2006	All India Inter-University Yogasana Championship held at M.L.Sukhadia University, Udaipur	Association of Indian Universities	3 rd (Individual Event)

FEDERATION & OPEN NATIONAL GAMES CHAMPIONSHIPS:-

Year	Name of Event	Host / Organised by	Achievement
1998	National Yoga Championship	Surat Dist. Yoga Asso.	1 st (Individual Event)
1999	24 th National Yogasana Championship Held at Davangere – Karnataka From 28-31 October 1999	Yoga Federation of India	3 rd (Individual Event)
2000	25 th National Yogasana Championship Held at Palani – Tamil Nadu From 27-30 December 2000	Yoga Federation of India	Represented Gujarat
2001	26 th National Yogasana Championship Held at Ranchi – Jharkhand From 01-04 November 2001	Yoga Federation of India	Represented Gujarat
2002	27 th National Yogasana Championship Held at Patiala – Punjab From 25-28 November 2002	Yoga Federation of India	6 th (Individual Event)
2003	SAMAGRA National Yoga Championship held at Vadodara From 22-24 December 2003	Samagra Yoga Foundation, Delhi.	2 nd (Artistic Yogasana) 5 th (Traditional Yoga)
2003	28 th National Yogasana Championship Held at Jabalpur (Madhya Pradesh) From 25-28 December 2003	Yoga Federation of India	Represented Gujarat
2004	1 st All India Yogic Technological Festival held at Coimbatore (T.N.) From 01-03 July 2004		1 st (Hand Balance)
2004	1 st All India Yoga Beauty & Yoga Talent Contest held at Jamshedpur 05-06 June 2004	Sarkar Yoga Academy & TATA Steel	3 rd (Individual Event)
2004	22 nd National Yogasana Championship Held at Chennai (Tamil Nadu) On 28-29 February 2004	Indian Yoga Federation	3 rd (Individual Event)
2005	OM Festival – All India Yogasana Championship 2005 Held at Chandan Nagar (W.B.)	Eastern India Yoga Development Forum	2 nd (Individual Event)

	On 6 th August 2005		
2006	Open National Yogasana Championship Held at Ambaji – Guj. From 19-21 August 2006		3 rd (Traditional Event)
2006	25 th National Yogasana Championship Held at Haridwar – Uttarakhand From 17-19 November 2006	Indian Yoga Federation	4 th (Individual Event)
2006	2 nd All India Yoga Beauty & Yoga Talent Contest Held at Jamshedpur (Jharkahand) 15-16 December 2006	Sarkar Yoga Academy	2 nd (Individual Event)
2007	Lakulish Open National Yogasana Championship held at Limbdi – Guj 28-31 October 2007	Indian Federation of Yoga & Culture	1 st (Individual Event)
2007	26 th National Yogasana Championship Held at Tirupati – Andra Pradesh From 08-11 December 2007	Indian Yoga Federation	5 th (Individual Event)
2009	28 th National Yoga Championship Held at Paschim Medniour – W.B.	Indian Yoga Federation	Represented Gujarat
2010	14 th All India Inter-School & Inter-Club Yoga Championship Held at Ranchi (Jharkhand)	Ranchi Yoga Culture & World Yoga Society	1 st (Individual Event)

INTERNATIONAL LEVEL

Year	Name of Event	Host / Organised by	Achievement
2007	14 th International Yoga Festival 2007 Held at Puducherry from 4-7 January	Government of Puducherry	4 th (Individual)
2007	4 th Annual International Yoga Asana Championship (B.C.Ghosh Cup) Held at Los Angeles (USA) 09-12 February 2007	World Yoga Foundation	Represented India
2008	5 th Annual International Yoga Asana Championship (B.C.Ghosh Cup) Held at Los Angeles (USA) 01-03 February 2008	World Yoga Foundation	Represented India
2008	Open World Yogasana Championship Held at Surat – India	World Federation of Yoga & Culture	2 nd (Individual Event)
2010	7 th Annual International Yoga Asana Championship (B.C.Ghosh Cup) Held at Los Angeles (USA) 11-13 February 2010	USA Yoga Federation & World Yoga Foundation	Represented India
2012	2 nd Malaysian International Yoga Championship 2012 on 31 st August. Held at Kuala Lumpur (Malaysia)	Malaysian Yoga Society	1 st (Individual Event)

AWARDS

Year	Name of Award	Awarding Authority
2001-02	“Rajya Ramatveer Award” (State Sports Person Award) Awarded on Police Pared Ground, Surat	Sports, Youth & Cultural Activities Dept. Government of Gujarat
2002-03	“Rajya Ramatveer Award” (State Sports Person Award) Awarded on Police Pared Ground, Surat	Sports, Youth & Cultural Activities Dept. Government of Gujarat
2004	“Yoga Kind India” Award 1 st All India Yoga Talent & Yoga Beauty Contest 2004	Sarkar Yoga Acaemy
2004-05	“Rajya Ramatveer Award” (State Sports Person Award) Awarded at Kosamba, Surat On 26 th January 2007 By Smt. Anandiben Patel (Hon.Minister, Government of Gujarat)	Sports, Youth & Cultural Activities Dept. Government of Gujarat
2008	Yoga Lover Award 3 nd All India Yoga Beauty & Yoga Talent Contest 2008 25-26 May 2008	Sarkar Yoga Academy
2008	Yog Ananda Award On 11 December 2008	Eastern India Yoga Development Forum & Yoga Confederation of India
2010	Albert Ekka Award (For Best Disciplinary Performance) 14 th All India Inter-School & Inter-Clun Yoga Competition at Ranchi	Ranchi Yoga Culture & World Yoga Society
2010	“Champion of Champion” YOGA JYOTI AWARD 14 th All India Inter-School & Inter-Club Yoga Competition at Ranchi	Ranchi Yoga Culture & World Yoga Society
2011	Award of Excellence	Canadian Olympic School Program Challenge Canadian Olympic Committee
2012	CHAMPION OF CHAMPIONS At Malaysia in 2012 during 2 nd Malaysian International Yoga Competition	Malaysian Yoga Society
2022	Best Athlete Award For Outstanding Achievement in the field of Yogasana Sport	National Yogasana Sports Federation (Ministry of Youth Affairs & Sports, Govt. of India)

Experience as a Trainer / Coach (in INDIA)

Year	Function / Duty	Institution / School / College / University
2004	“Yoga Expert” during Yoga Shibir 25-31 July 2004	Gujarat Ayurveda University
2005	“Yoga Expert” during Yoga Shibir 2005	P.T.C. College, Bhavnagar.
2005	“Yoga Expert” during Yoga Camp 180 Students. 23-28 July 2005	District Sports & Youth Office, Surat Office. Government of Gujarat
2005	Manager Cum Coach Pre-National Coaching Camp & at 51 st National School Games Yogasana Championship, Ahmedabad	Sports Authority of Gujarat & School Games Federation of India
2007	Yoga Expert (Yoga Camp, Held at Hindu Milan Mandir, Surat) 21 -26 June 2007	District Sports Office and Youth Services & Cultural Activities Dept. Government of Gujarat
2008	State Team Coach 6 th National Yogasana Championship Dist.Miraj, Maharashtra 6-7- Sept, 2008	Yoga Association of Gujarat
2008	Coach Cum Manager 3 rd National Women Yogasana Championship 2008 Held at Amritsar (Punjab) Team Stood Third in All India Ranking	S.N.D.T.University, Mumbai & Womens Yoga Federation of India
2009	Coach Cum Manager S.N.D.T.University	4 th National Women Yogasana Championship Held at Chennai Women Yoga Federation of India
2009 -	Coordinator of Gujarat For VYASA – Gujarat Olympiad Team	11 th National & International Yoga Olympiad Held at SVYASA University, Bengaluru.
2010	Coach of SNDT University	National Womens Yoga Championship – Sonapat – Haryana
2010	Team Manager – Yoga Team SNDT Womens University	1 st International Yoga Championship by International Yoga Foundation
2012	Member of Selection Committee	V.N.S.G.University Surat
2013	Coach for University Yoga Team	V.N.S.G.University, Surat 01-08 March 2013

Experience as a Teacher (in INDIA)

Year	Function / Duty	Institution / School / College / University
April 2008 to April 2011	“Yoga Teacher” From Class 04 th to 12 th in CBSE School	S.D.Jain Modern School, Vesu, Surat.
April 2011 to October 2011	“Yoga Teacher Cum Asst. Sports Incharge”	G.D.Goenka International School, Surat
2008 – 2011	Yoga Coach (Visiting Faculty) Teaching Yogasana & Artistic Yoga for Competition.	S.N.D.T.University, Mumbai
2011 -	Head Trainer Personal & Group classes (School / College and corporate)	Dawn Yoga Classes, Surat Managed by Sports Management Corp.of India

Experience as a Judge / Jury / Technical Official (in INDIA)

Year	Function / Duty	Event Name	Host / Organiser
2008	Official	27 th National Yogasana Championship at Chandigarh	Indian Yoga Federation 17-19 October 2008
2008	Referee	National & International Himalaya Yoga Olympiad at Bengaluru 26-27 December	SVYASA Yoga University
2009	Referee / Judge	4 th National Women Yogasana Championship at Chennai	Womens Yoga Federation of India
2009	Member - Org.Committee	18 th International Conference on Yoga for Diabetes	SVYASA Yoga University
2009	Referee / Jury	11 th International Himalaya Yoga Olympiad at Bengaluru 15-18 December 2009	SVYASA Yoga University
2010	Judge	Surat Municipal Corporation Yogasana Championship at National Book Fair Festival	Surat Municipal Corporation
2010	Judge	5 th National Women Yogasana Championship – Muzaffar Nagar	Women Yoga Federation of India 13-15 Nov.2010
2011	Judge	6 th National Women Yogasana Championship – Sonipat (Hry.)	Women Yoga Federation of India
2011	Judge	International Himalaya Yoga Olympiad at Bengaluru 13-16 December 2011	SVYASA Yoga University, Bengaluru
2013	Coach	31 st National Yoga Championship Pune from 24-26 January 2013	Indian Yoga Federation
2013	Coach	18 th Official All India Yoga	Yoga Physique Federation of

		Championship 2013 at Palwal	India
2013	Organiser	IYSF Indian National Yoga Asana Championship at Bengaluru	IYSF India Chapter & SVYASA Yoga University
2013	Judge	International Himalaya Yoga Olympiad at Bengaluru 2013	SVYASA Yoga University, Bengaluru
2014-2018	Chief Judge / Organiser	All India Yog Sports Championship / National Yog Sports Championship	All India Yog Sports Association
2022	Jury	National Yoga Olympiad At NCERT New Delhi 18-20 June 2022	NCERT / Ministry of Education

Experience as a Judge / Jury / Technical Official (INTERNATIONAL)

Year	Function / Duty	Institution / School / College / University
2012	Coach Cum Manager	International Yoga Asana Championship 2012 At Los Angeles, USA
2013	Coach Cum Manager	3 rd International Yoga Championship 2013 at Taipei, Taiwan 26-27 October 2013
2014	Coach Cum Manager	Indian Yoga Team at London United Kingdom World Yoga Sports Championship 2014
2018	Judge	World Championship of Yoga Sports 2018 At Beijing, China
2021	Head Judge	IYSF World Championship of Yoga Sports Online – Due to Covid 18
2022	Judge	IYSF World Cup of Yogasana Sports 2022 Held at SVYASA Yoga University, Bengaluru

Experience as an ORGANISER (in INDIA)

Year	Duty	Event	Organised by
2012	Organiser	IYSF Indian National Yoga Asana Championship at Pune	IYSF India Chapter
2013	Organiser	IYSF Indian National Yoga Asana Championship at Bengaluru	IYSF India Chapter & SVYASA University
2014	Organiser	IYSF Indian National Yoga Asana Championship at Rajkot – Gujarat	IYSF India Chapter & ATMIYA School, Rajkot
2014	Secretary (Events)	All India Yog Sports Championship Held at Indore – M.P.	All India Yog Sports Association & M.P. Yoga Association
2015		1 st National Yog Sports Championship	All India Yog Sports Association &

		Held at Ujjain – M.P.	M.P.Yoga Association
2014-2018	Chief Judge / Organiser	All India Yog Sports Championship / National Yog Sports Championship	All India Yog Sports Association
2018		All India Yog Sports Championship & Team India Selection Trials for World Championship of Yoga Sports held at China	Yoga Association of Mumbai Suburbs & IYSF India Chapter.
2020	Competition Director	1 st National Yogasana Sports Championship (Online)	National Yogasana Sports Federation
2021	Competition Director	2 nd Sub Junior & Junior National Yogasana Sports Championship At Bhubaneshwar – Odisha	National Yogasana Sports Federation & Government of Odisha
2021	Observer	All India Inter-University Yogasana Competition – at KIIT University	KIIT – Bhubaneshwar Association of Indian Universities
2021	Asst. Competition Manager	Khelo India University Games Yogasana Event	Sports Authority of India & Ministry of Youth Affairs & Sports, Government of India
2022	Competition Director	2 nd Senior National Yogasana Sports Championship at Ahmedabad	National Yogasana Sports Federation & GYSA with SAG.
2022	Competition Director	Khelo India Youth Games Held at Panchkula – Haryana	Government of Haryana – Department of Sports & Sports Authority of India
2022	Competition Director	36 th National Games (Yogasana Event)	Indian Olympic Association & Sports Department, Government of Gujarat

Experience as an ORGANISER (INTERNATIONAL)

Year	Duty	Event	Organised by
2016	Chief Judge	1st International Mr.Yogi & Ms.Yogini Contest 2016 at Rose Residency, Antalya - Turkey	SMCI & Yoga Federasyonu Turkey
2016	Chief Judge & Co-Host	European Mr.Yogi & Ms.Yogini Contest at Kemer – Antalya, Turkey October 2016	SMCI & Yoga Federasyonu Turkey
2017	Organiser & S.G.	1 st South Asian Yoga Sports Championship 2017 at Kathmandu Nepal	Nepal Yoga Sports Association With National Sports Council Under Ministry of Sports, Nepal.
2018	Organiser & S.G.	2 nd South Asian Yoga Sports Championship 2018 at Pokhra, Nepal & 1 st Mt. Everest International Yoga	Nepal Yoga Sports Association With National Sports Council Under Ministry of Sports, Nepal.

		Festival	
2018	Supporter & Chief Judge	1 st Mongolian National Yoga Sports Championship 2018 at Ullanbatar Mongolia	Mongolian Professional Yoga Sports Federation (Under IYSF)
2018	Supproter & Chief Judge	1 st Malaysian National Yoga Sports Championship at Batuk Cave, KL	Malaysian Yoga & Mallakhamb Association & TRAACS
2015 - 19	Organiser	National Mr.Yogi & Ms.Yogini Contest at Antalya - Turkey	In Collaboration with Yoga Federasyonu Turkey (Ministry of Education)

Resource Person / Speaker

Year	Duty	Event	Organised by
2020	Resource Person	Technical Workshop to finalize guidelines and syllabus for the courses of Yogasana Coaches, Judges and Referees and also the Draft of Standards to declare Yogasana as a Competitive Sports (12-14 October 2020)	Morarji Desai National Institute of Yoga (Ministry of AYUSH, Govt. of India)
2021	Resource Person	Online National Judges & Referees Orientation Program 28-31 January	National Yogasana Sports Federation
2021	Speaker	Topic – Yogasana as a Competitive Sports as part of “Yoga for Unity & Well-Being”	Heartfulness Institute.
2022	Resource Person	2 nd National Judges Training Program (Level -2)	National Yogasana Sports Federation (Recog.By Ministry of Sports)

Associated with / Member of / Elected:

Year	Post / Member	Name of Organisation
2011 -	Founder & President	Yoga Players Association (Regd.) India (National Level Organistion working for the welfare & rights of Yogasana Athlets)
2012 -	Representative for India	International Yoga Sports Federation – Switzerland
2012	Life Member	International Olympic Academy Participants Association - Greece
	Founder (Gujarat) & Chief Functionary	Physical Education Foundation of India (Regd.) Recognised as National Sports Promotion Organisation Ministry of Youth Affairs & Sports, Government of India
2014 -	Founder / Secretary General	South Asian Yoga Sports Association (Regd.)

	Executive Member	Traditional Sports & Games Federation (India) Member of International Traditional Sports & Games Federation
2020-2022	Technical Director	National Yogasana Sports Federation (Recg. MYAS, Govt. of India)
2022 -	Technical Director	National Yogasana Sports Federation (Recg. MYAS, Govt. of India)

TEACHING SKILLS

- **Ashtanga Yog / Hatha Yog**
- **Artistic Yoga & Acro Yoga**
- **Human Pyramid Formation**
- **Strength Training**
- **Specialized in Training athletes for advance training in Yogasna and Yoga for health & wellness.**

Career Objective:-

I seek to profound to work with the Team / group of likeminded people To learn and share the Knowledge of Yoga, Yogasana Sports, Sports Management and Administration and to make Career in this field as I can get.

I hereby declare that the information furnished above is true to the best of my knowledge

Place: Surat.

(UMANG DAWN)