

CURRICULUM VITEA



Sems Uzuneser

Born in Adana- Turkey in 1971. Sems Uzuneser graduated from the Faculty of Economics of Istanbul University in 1993. She worked as a merchandiser in companies for 12 years.

She first met Yoga in 1999. In 2005, she had a training from SVYASA in Bangalore, India for the International Yoga Instructor Certificate (YICC). In 2008, she took a teacher training at Yoga Academy and ran a Yoga Academy studio until 2014.

She became a founding member of Bursa Yoga Association in 2013. In the same year, Bursa Yoga Association became a member of International Yoga Federation (IYF) from Turkey and started to organize yoga competitions under the rules of IYF with the presidency of Sems Uzuneser.

In 2018, she became the founding member and president of the Nation Yoga Federation (ULUYOF), after then yoga competitions continued to be held as ULUYOF.

In 2018, ULUYOF organized the first judge training and the coach training with the leading of Sems Uzuneser. Currently ULUYOF has 64 judges, 23 coaches and 224 athletes.

She is currently The Organizing Secretary in International Yoga Federation. Her job description is to find new connections in countries in order to establish new yoga associations/federations and lead them to organize yoga competitions in their countries.